

# LONDON metro®



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WINNERS**



## Maybe you can fight city hall

A London bar owner who said he'd rather 'eat glass' than serve students says he'll run for mayor on a platform of cutting the bureaucratic 'crap'

**PAGE 2**

## Tigers play it to the Max

Miguel Cabrera homers and Max Scherzer wins his 18th game as Detroit mauls the Kansas City Royals

**PAGE 13**

## CAN HARRY SAVE THE WORLD?

A SCHOLAR TAKES A LOOK AT HOW THE FAMED HARRY POTTER SERIES HAS SHAPED THE 'MUGGLE GENERATION'

**PAGE 8**



## COLOUR PARTY!

More than 4,500 people got good and messy to help local charities on Saturday during the inaugural London Color Run. Coloured cornstarch was sprayed into the air after each kilometre of the five-kilometre run, getting everyone involved more than a tad dirty and more than a little happy. The charity partners were One Run and the Tara Boom Houston Children's Foundation. More photos at [metronews.ca](http://metronews.ca). MIKE DONACHIE/METRO

## 'Concerned' and 'afraid'

**Mayhem in Egypt.**  
Family of London doctor arrested in Cairo awaiting answers



**SCOTT TAYLOR**  
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It was a weekend of worry for Tarek Loubani's family, concerned for his safety after the London emergency-room doctor was arrested by Cairo police.

Loubani and York University professor John Greyson were arrested on Friday at about 10 p.m. Cairo time, or 4 p.m. in London.

Justin Podur, reported to be a mutual friend of the men who has been blogging about the situation, said officials with the consulate had located the men by early Sunday evening.

They are in a prison and are OK, Podur said, but there was

no information about why or where they are being held.

Earlier in the day, Loubani's cousin Hanan Loubani said the family was desperate for information.

"We have no idea how to get in contact with him," Hanan Loubani said. "We're concerned, we're afraid; we're waiting for some sort of answers."

Hundreds of people have been killed in Egypt over the past week as supporters loyal to ousted president Mohamed Morsi battle security forces.

Loubani was on his way to Gaza to offer aid as part of an ongoing collaboration between Western University and Al-Shifa Hospital. Greyson was tagging along as a filmmaker to do some exploratory work.

Loubani, who is in his early 30s, came to Canada years ago as a Palestinian refugee. He is a Canadian citizen and a graduate of Western's school of medicine.

**WITH FILES FROM TORSTAR NEWS SERVICE**

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## A bark in your bonnet

A fashion faux paw? Ruby, a three-year-old bloodhound, certainly didn't think so Saturday as she got fitted for a snood — headwear that keeps droopy ears out of water bowls — at Pawlooza. The annual festival for dogs drew thousands of people and their best friends to the Plunkett Estate for a barking good time.

More photos at [metronews.ca](http://metronews.ca). ANGELA MULLINS/METRO

# He'd rather be mayor than eat glass

**Rage against the 'bureaucracy.'** Bar owner who banished students says he's ready for mayoral run



**SCOTT TAYLOR**  
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The London bar owner who a year ago ignited a media storm when he told students to "stay the hell away" from his Club Rouge is going to run for mayor next year.

John Scott-Pearse, who also owns Robinson Hall on Talbot Street, said rather than working together to strengthen London, city councillors have broken the city down into 14 different "kingdoms" that are only interested in their own issues.

That wouldn't happen on his watch, he promised.

"We've got political hacks or one-issue cranks," he said. "We just need someone with

### At a glance

- John Scott-Pearse is the second newcomer to throw his hat into the mayoral ring after Occupy London activist Eric Shepperd, who announced his candidacy in early July.
- Mayor Joe Fontana has said he'll run for a second term.
- London's next mayoral election will be on Oct. 27, 2014.
- Candidate registration officially opens Jan. 6 and closes Sept. 8.

a big-picture view of things."

Scott-Pearse said he knows it's long odds that he might be sitting in the big chair at city hall, but he believes he has the right stuff to do so.

"I was talking to (Joe

Kool's owner) Mike Smith about this and I said, 'Mike, I don't really care if I win or not, I just want to get some issues out there,'" he said. "One of those is that we're not really run by a mayor and city council. We're a bunch of little kingdoms and each kingdom does what it feels like doing."

Scott-Pearse said he's given up control of Club Rouge, but he would continue to own Robinson Hall if his bid for public office works out.

Last August, Scott-Pearse angered many when he put a 10-metre-long sign above the entrance of Club Rouge that sent a very direct message: "Re-open for students?? We'd rather eat glass."

Now, he's selling the business. The new owner is expected to make a U-turn and cater to student business again.

"It's not that I didn't want to deal with students," Scott-Pearse said on Sunday. "It's more that I didn't want to deal with the police response. I didn't want to deal with the bureaucracy and the bureaucracy really runs the city."

"When I'm elected mayor, all that crap will end. We're not going to be treated like mushrooms by a bureaucracy."

### Power to the people

**"I would give my opinion and outline the issues with the people in London and then let them deal with the city council members. People aren't stupid. They would get their councillors in line for me."**

London business owner John Scott-Pearse on being mayor

## Walking and rolling on Richmond to promote awareness of people with disabilities

It was all about raising awareness of accessibility and inclusion on Sunday afternoon in Victoria Park and along Richmond Row, as more than 20 people participated in the third annual Walk, Roll and Everything in Between.

The event was organized by the Youth for Youth group at the Thames Valley Children's Centre. It was designed to send a positive message about youth dealing with disabilities.

"We're here to debunk

### More than a label

**"We have many more abilities than disabilities."**

Rob Castrogiovanni, participant in Sunday's Walk, Roll and Everything in Between

myths associated with people with disabilities," organizer Nicole Turner said.

"People with disabilities can contribute to society. We have jobs, friends and

families."

Turner, who was born with cerebral palsy, said London is a safe, mostly accessible city for people with disabilities, but things can always be improved.

Rob Castrogiovanni, who is blind, said it's important for people to know that everyone can contribute to society if they are given the opportunity.

"We're people, too, and we can do anything everyone else can do," he said.

SCOTT TAYLOR/METRO



A group makes its way through Victoria Park on Sunday as the third annual Walk, Roll and Everything in Between heads toward Richmond Street.

SCOTT TAYLOR/METRO



## Change. Councillor calls for tune-up on patio rules

A London city councillor is asking for an amendment to a zoning bylaw that bans music on the patios of bars and restaurants.

Coun. Denise Brown is behind the push and plans to bring a motion to a city committee on Monday.

Brown's proposal would allow "acoustic music during reasonable hours."

Under the existing rule, business owners face a fine for allowing music — live or recorded.

The same bylaw, passed in 1993, also prohibits "dancing (and) other forms of entertainment."

In a separate motion headed to city hall, Brown is asking that people driving e-bikes be required to wear helmets, be older than 16 and use pedal power when riding in bike lanes.

Those rules could be



Denise Brown  
CONTRIBUTED

tacked on, Brown suggests, to the city's ongoing review of how e-bikes should be regulated on bike paths.

That review started after some complaints that the electric scooters were creating a dangerous situation for cyclists, runners and walkers.

METRO

## May incident. Police nab suspect in Bank of Montreal robbery

Police have arrested a man in connection with a spring bank robbery.

Abdullah Youssef is facing multiple charges, including three counts of robbery with a weapon, arson, carrying a concealed weapon and use of an imitation firearm during the commission of an indictable offence.

The arrest was made on Thursday and follows a long

investigation into the May 9 robbery at the Bank of Montreal near Commissioners Road and Highbury Avenue.

Police say the suspect fled the scene in a silver Volkswagen Passat, which was found engulfed in flames a short time later in a parking lot at 590 Millbank Dr.

Youssef is scheduled to appear in court on Aug. 27.

MIKE DONACHIE/METRO

### Busted

#### Guns, drugs found on Hamilton Road

Police seized multiple handguns and cocaine valued at nearly \$1,000 from a Hamilton Road home.

The raid, involving the department's street-gang unit, happened at about 11:40 a.m. Thursday. Daniel Savarie, 29, was arrested and charged with weapons and drug offences.

Firearms taken from the home included a loaded .22-calibre handgun, a loaded .357-magnum handgun and an unloaded 12-gauge shotgun. MIKE DONACHIE/METRO

### Investigation

#### Two injured in motorcycle, car crash

London police say two men were taken to hospital with serious but non-life-threatening injuries after a motorcycle collided with a car on John Street at about 11 p.m. on Saturday.

The investigation is ongoing, and it's not known if charges will be laid, police said on Sunday.

The names of the two men injured on the motorcycle have not been released. The pair are believed to be 30 and 27 years old.

John Street runs between Talbot and Richmond, just north of Central.

SCOTT TAYLOR/METRO



Activist Steve Selmenci distributes his pro-security-camera posters on Friday along Dundas Street. MIKE DONACHIE/METRO

# Activist joins Old East Village camera calls

**Security sought.** Councillor's demand spurs unemployed man's poster campaign



MIKE DONACHIE  
mike.donachie@metronews.ca

The demands for cameras in Old East Village are back, and one activist is all for it.

In response to Coun. Stephen Orser's renewed call for security cameras on Dundas Street East, Steve Selmenci has hit the pavement.

He spent Friday walking up and down Dundas between Adelaide and Lyle streets, asking businesses to put up his posters. Each bore a simple message about "taking back the streets" from drug users and dealers, and almost every business agreed to put one up.

"I'm trying to help the community," said Selmenci, 55. "All the merchants want the cameras along here."

Selmenci is unemployed, but said he's qualified in administration and fundraising for charities. He hopes his efforts will help him get noticed and get a job.

### Up for discussion

- Coun. Stephen Orser's demand for cameras in Old East is to be discussed at the city's community and protective services committee meeting on Monday.
- The meeting starts at 7 p.m. at city hall.

But his main aim is to help Old East, he said, pointing out drug users on the street Friday and, nearby, a past victim of assault. The

cameras would be a deterrent, a "first level of intimidation" for people who intend to commit crimes, Selmenci said.

Orser's ongoing campaign asks for cameras on Dundas between Adelaide and Rectory. The idea was shot down during talks for this year's budget.

His new call, headed to city hall on Monday, talks of "repeated complaints from residents and business owners in the area."

"The community has put up with this type of activity long enough," Orser said. "It's not safe."

## Lung-transplant candidate given false hope



Danielle Davidson METRO FILE

The courage of a London double-lung transplant candidate has been sorely tested.

Danielle Davidson, 28, whose life depends on a set of donor organs becoming available in the near future, thought her dreams had come true.

She was called for a transplant Thursday — but just a short time later her hopes were gone again.

Davidson, who has cystic fibrosis, was on her way to

hospital in Toronto when she got a call telling her there had been a clerical error. She wasn't eligible for the lungs after all.

But, as Davidson's latest Facebook post for supporters shows, she's not giving up hope yet.

"Yesterday started with excitement as I was called for lungs at about 9:30 a.m.," she wrote on Friday. "Brandon (her husband) rushed home (from) work as I got dressed and phoned

some people.

"We were stuck in traffic in Guelph when Toronto phoned me saying that it was not a go anymore."

"They had put a wrong digit in the computer relating to a protein of either my or the donor's antibodies."

"It was not meant for me this time, but it will be soon. Thank you all for your support and well wishes. They are helping me get through my days."

MIKE DONACHIE/METRO

# Military tests secret stealth snowmobile

## Code name 'Loki.'

Vehicle a remnant of Conservative rhetoric on militarized North

The Canadian military has been secretly test-driving a \$620,000 stealth snowmobile in its quest to quietly whisk troops on clandestine operations in the Arctic.

Soldiers have taken the new hybrid-electric snowmobile prototype on trial runs to evaluate features such as speed, noise level, battery endurance and acceleration.

The Department of National Defence even has a nickname for its cutting-edge, covert tool: "Loki," after the "mythological Norse shape-shifting god."

Word of the federal hunt for a stealth snowmobile first surfaced two years ago when National Defence's research-and-development agency posted a public tender.

The project kicked off at a time when the Conservative government was laying out promises to boost Canada's military muscle in the North — upgrades the feds have largely failed to implement.

Prime Minister Stephen Harper is scheduled to arrive in the Arctic on Sunday for a tour of the region, where his government's focus has gradually moved from improving the country's northern military capabilities to promoting economic development.

The Canadian Press obtained a report that offers a peek at how soldiers ran the prototype through "informal" tests in February across varying snow conditions on Can-

adian Forces Base Petawawa.

"The prototype must be at least nearly as capable and reliable as a standard internal-combustion snowmobile, while providing a significant noise reduction," says the heavily redacted report, acquired under the Access to Information Act.

In the original 2011 federal tender, Ottawa said it was seeking a machine that would run by gas-powered engine but would have the capability to easily switch to a "silent mode" electric motor.

"The noise level of an internal-combustion engine cannot be reduced to an acceptable level for missions where covertness may be required, especially given the increased propagation of sound in cold, dry, Arctic air," read the tendering document.

## Buffoon-raker

"I can't help but wonder whether they've been watching too many (James) Bond movies."

Michael Byers, a former federal NDP candidate who teaches international law at the University of British Columbia

One Arctic-policy expert questioned whether the cost of developing such a vehicle is money well-spent.

"I don't see a whole lot of evidence that criminals and terrorists are scooting around Canada's North on snowmobiles and that we have to sneak up on them," said Michael Byers, a former federal NDP candidate who teaches international law at the University of British Columbia.

THE CANADIAN PRESS



A friend of Ammar Badie, the son of the Muslim Brotherhood's spiritual leader Mohammed Badie, who was killed Friday by Egyptian security forces during clashes in Ramses Square, cries while attending his burial in Cairo on Sunday. MANU BRABO/THE ASSOCIATED PRESS

# Thirty-six prisoners die in Egypt — but was it by gas or gunshot?

Egyptian police fired tear gas at a prison truck Sunday in an attempt to free a police officer from rioting detainees, killing at least 36 suspects rounded up during streets clashes between Islamist supporters of the country's ousted president and police, officials said.

The deaths of the prisoners, captured during the fierce fighting in recent days around Cairo's Ramses Square, came as the country's military leader, Gen. Abdel-Fatah el-Sissi, called for the inclusion of Islamists in the government.

The killed detainees were

part of a truck convoy of some 600 people heading to prison, officials said. Detainees in one of the trucks rioted Sunday night and managed to capture a police officer inside, the officials said.

Security forces fired tear gas into the truck in hopes of freeing the badly beaten officer, the officials said. They said those killed died from suffocating on the gas.

However, the officials' version of events contradicted state media reports. The official website of Egyptian state television reported that the deaths took place after security forces clashed with mil-

## Higher and higher

# 900

The death toll for four days of unrest rose to nearly 900 by Sunday night.

itants near the prison and detainees came under fire while trying to escape. The official MENA state news agency also said the trucks came under attack from gunmen.

State media also said all those killed and the gunmen belonged to the Muslim Brotherhood. The officials said some of the detainees

belonged to the Brotherhood, while others didn't.

The differences in the accounts could not be reconciled Sunday night.

Security forces arrested hundreds of Muslim Brotherhood members early Sunday morning in raids in different cities, aimed at disrupting planned rallies to support ousted president Mohammed Morsi.

The government also held an emergency meeting to discuss potentially banning the group, a long-outlawed organization that swept to power in the country's first elections a year ago. THE CANADIAN PRESS

## Syria

## Hunt for chemical weapons called too little, too late

A team of UN weapons inspectors arrived in Damascus on Sunday for a long-delayed mission to investigate the alleged use of chemical arms in Syria's civil war.

President Bashar Assad's regime and the rebels fighting to overthrow him have

traded accusations over the purported chemical attacks, each blaming the other.

Diplomats and chemical-weapons experts have raised doubts about whether the inspectors will find anything since the alleged incidents took place months ago.

The mandate is also limited — the team will report on whether chemical weapons were used, and if so which ones, but will not determine who used them.

THE ASSOCIATED PRESS

## Korean peninsula

## N. Korea may trade tours for reuniting families: Professor

North Korea on Sunday accepted a South Korean offer for talks on reuniting families separated by war, but proposed separate talks on resuming lucrative tours to a scenic North Korean mountain in an apparent effort to link the two discussions.

Pyongyang also proposed holding the reunification talks at Diamond Mountain. South Korea suspended tours there after a South Korean woman was shot dead by a North Korean border guard in 2008.

"The North Korean intention is obvious. It is saying it wants to exchange the resumption of the Diamond Mountain tours with the family reunions," said Lim Eul Chul, a professor at South Korea's Kyungnam University. THE ASSOCIATED PRESS

## Saudi Arabia

## Director of TV channel fired for Brotherhood ties

Saudi billionaire Prince Alwaleed bin Talal has fired the director of an Islamic TV channel for his role as the leader of the Muslim Brotherhood in Kuwait.

He wrote Sunday on his Twitter account that he sacked Tarek Al-Suwaidan "for admitting he belongs

to the Brotherhood terrorist movement."

Al-Suwaidan has sharply criticized Egypt's military-backed government and voiced support for deposed president Mohammed Morsi on Twitter.

Saudi King Abdullah, whose country has pledged \$5 billion US in aid to Egypt's interim leaders, supported Cairo's crackdown on the Brotherhood, saying the kingdom stood by Egypt's fight against "terrorism and strife." THE ASSOCIATED PRESS



Concerns rise

## Calgarians 'fed up' with prostitution near grade school

Calgary advocates and residents alike say a long-standing prostitution problem in one community has moved too close for comfort to an elementary school.

Art Sheeler has called for a crackdown on sex-trade workers and drug use in the southeast Forest Lawn area of the city for decades. In recent years, he said prostitutes have begun more regularly crossing to the north side of 17th Avenue SE and can now be seen frequently standing near Patrick Air-lie Elementary School.

"It's at all hours of the

day," he said. "I am just fed up with it."

Larry Leach, a candidate for Calgary Board of Education trustee in the upcoming October municipal election, said he's been hearing concerns similar to Sheeler's while door-knocking in a three-block radius around the school. He said "at the very least" security cameras should be installed in the vicin-

ity and hopes the school board is working actively with police and the community.

"We must be vigilant to make our schools safe for our children," Leach said. "This activity near a school is not acceptable."

Metro also spoke with five residents living in homes directly across from the school. All confirmed seeing what they believed

to be prostitution in the area and three said they were witnessing it more frequently in recent months.

Calgary police, meanwhile, say they have received complaints of prostitution near the school and have made patrol units in the area aware. So far officers have found no evidence to support the claims, according

to Sgt. Shanon Scott.

"It's obviously very concerning," Scott said. "We don't want any criminal activity anywhere in the city, especially not areas where children frequent."

Scott said warmer summertime weather tends to lead to a spike in prostitution and, with that, an increase in public complaints.

JEREMY NOLAIS/METRO IN CALGARY

# Ohm: Bikram yogis stay zen as founder hit with five lawsuits

**No sweat.** While controversy surrounding Bikram Choudhury heats up, devotees stay loyal and focused on their strenuous practice



EMILY JACKSON  
Metro in Vancouver

Yogis are bending, stretching and sweating as usual at Vancouver Bikram studios despite a scandal heating up around the practice's founder.

Five civil lawsuits alleging sexual assault and harassment have been filed against Calcutta-born, California-based Bikram Choudhury, creator of the 26-pose practice in rooms heated to 40.6 C.

None of the allegations have been proven in court, and Choudhury's lawyer has denied them, yet the

salacious accusations have rattled a community usually known for its peaceful mantras.

Bikram's yoga style has devotees and franchises around the world, including at least 62 in Canada, about a quarter of which are in the B.C. Lower Mainland.

But in the city where Lululemon started and where there seems to be a yoga studio on every corner, the bad press surrounding Choudhury hasn't had an impact on local business, Bikram Yoga Commercial Drive owner Christian Betancor Leon said.

"Whatever Bikram the man does is not going to affect the yoga one iota. The yoga is pure, it's clean," Betancor Leon said.

Betancor Leon, 38, knows from experience. When he first tried Bikram's yoga style at 25, he was recovering from a broken back and couldn't touch his knees. Now he's in "optimal

health."

"I opened my school because I believe in this yoga," he said, joined by a handful of students ready to brave 90 minutes of sweat at his bright studio early Sunday morning.

He's received a few Facebook comments questioning the lawsuits, but he hasn't seen a drop in business. He wasn't surprised, though, that some studios contacted for this article didn't respond to interview requests on the topic.

"There are people that are trying to disassociate from Bikram but still want to profit," he said.

And with membership fees of about \$100 per month, it can be a lucrative business.

To use Bikram's name, a studio must franchise with the Bikram Yoga College of India. In 2006, Choudhury told the Guardian newspaper he was making mil-



Studio owner Christian Betancor Leon and yoga teacher Jacob Lynch demonstrate poses at Bikram Yoga Commercial Drive in Vancouver. EMILY JACKSON/METRO IN VANCOUVER

# Cops mum on latest in Toronto mayor video scandal



Alexander (Sandro) Lisi, an occasional driver for Mayor Rob Ford. Lisi is reportedly a target of the investigation into attempts to retrieve an alleged video in which Ford smokes what appears to be crack cocaine. DALE BRAZAO/TORSTAR NEWS SERVICE

Toronto police aren't commenting on a report that they are investigating attempts by associates of Mayor Rob Ford to obtain an alleged video purportedly showing him smoking crack cocaine.

The mayor hasn't commented either, but his brother, city councillor Doug Ford, has denounced the Torstar News Service report as "just another attack" by the newspaper.

He also told an AM640 radio talk show Saturday that people are fed up with what he called "this tabloid garbage."

Torstar is reporting that two members of the mayor's

entourage were beating the bushes in the days after media reports surfaced that some journalists had viewed the alleged video.

The newspaper quotes a witness as saying an occasional driver and security guard for the mayor, Alexander (Sandro) Lisi, visited a group of known drug dealers and asked about the whereabouts of the people who made the alleged video.

Lisi's lawyer has confirmed his client is involved in a police investigation but would not give specifics.

The Torstar story says the mayor's logistics director, David

Price, was making phone calls inquiring about the video's whereabouts, but doesn't attribute the information.

Earlier this year, police launched a series of raids targeting gangs and one of the addresses raided was a Toronto apartment complex where the alleged video was reported to be located.

Police have refused to say if Ford was in any way part of the investigation.

The video has never surfaced despite a crowdsourcing attempt by online gossip site Gawker to raise \$200,000 to buy it. **THE CANADIAN PRESS**

## Does the video exist?

Days after the story of the video broke, Ford said he didn't use cocaine and couldn't comment on a video he hadn't seen or that didn't exist.

- But the Torstar News Service has previously reported that the mayor is said to have told close confidants that he knew where the video was and provided two addresses.

# #socialTV: Twitter tests tie-in to trending television shows



Twitter user ASG posted a screenshot of a new banner that appeared on his newsfeed this week. It shows users which TV shows people are talking about, when it airs and what channel it airs on. TORSTAR NEWS SERVICE

**New media.** Mobile users report seeing new banners that highlight talked-about programs

If you're not sure what to watch on television, don't worry — Twitter wants to help. Some Twitter users saw a new banner stuck at the top of their newsfeeds last week when browsing the site on mobile devices.

The new banners are designed to feature a TV show that's trending on Twitter, meaning that a lot of people are talking about it. The banner includes information about how many people have mentioned it in their tweets, what time the show airs and on which network, and makes it easy for users to figure out how to participate in the conversation or tweet at a show's stars.

It's the latest attempt by the social-media website to make

watching TV a social pursuit and convince people to tune into live TV by making them feel as if they're missing out on something.

It's more than just telling people what's on, it's also suggesting what people might like.

Twitter tries out a number of experiments on small numbers of users and wouldn't comment on this specific test.

"We're always looking for ways to make watching TV along with Twitter more fun and more engaging," said Twitter spokeswoman Rachael Horwitz.

In a blog post on Friday, Twitter pointed to reality show *Duck Dynasty* as an example of success in marrying TV watching and tweeting, and creating real ratings from that marriage.

The show's Season 4 premiere was watched by nearly 12 million viewers on Wednesday, making it the "most-watched nonfiction series telecast in cable history." On Twitter, there

## Watch and tweet

- Twitter has been working on building a relationship between TV watching and tweeting, and argues there is a connection between how many people tweet about a show and how many actually tune in.
- A Nielsen study released recently says tweets can influence ratings and vice versa.
- The two companies are also building a Nielsen Twitter TV rating that will use Twitter's data to show how much engagement a TV program has achieved on the social-media site.

were 325,631 tweets about Duck Dynasty on the same day.  
**TORSTAR NEWS SERVICE**

## Organic claims. Alternative label adopted by 700 farms

New York state farmers Justine and Brian Denison say they adhere to all the growing practices required for organic certification, yet if they label their beans and tomatoes "organic" at the farmer's market, they could face federal charges and \$20,000 US or more in fines.

Because the Denisons chose not to seek organic certification by the U.S. Department of Agriculture, the Denison Farm is banned from using that term. So they and more than 700 other small farms in 47 states have adopted an alternative label. Certified Natu-

objections to the federal program include fees and extensive record-keeping requirements.

**THE ASSOCIATED PRESS**



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# HELP THE HOMELESS; GIVE A SMILE

Few things annoy me more than hearing someone refer to a homeless person as "lazy."

It's often followed, in true cliché fashion, by, "Go get a job." If it weren't for the number of times I've heard these words spouted over the years, I'd assume the person was joking. You know, a tongue-in-cheek sort of thing.

Of course, the reality is that homelessness is too complex an issue for clichés. No one starts out with the goal of being homeless. And while sometimes poor choices are to blame, more often than not the culprit is a life that gets derailed by any number of circumstances.

Like having to flee an abusive relationship. Or losing a job, and subsequently a house. Or going through a divorce. Or an illness. The list goes on.

A recent study out of Western University showed that homelessness is on the rise among Canadian military veterans. Are they lazy?

Another reality is that a significantly large percentage of the



URBAN COMPASS

Todd Devlin

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homeless population suffers from some form of mental illness. Perhaps it's major depression, or bipolar disorder, or schizophrenia, or post-traumatic stress disorder. None of these conditions, it should be noted, are a person's fault. Also very common among the homeless is addiction, which is often related to mental-health issues.

London is fortunate to have support services that homeless individuals can access. One of those is the Unity Project, which celebrated its 10-year anniversary last week.

In the past decade, the organization has provided emergency shelter and support to more than 5,000 people. Leaders there truly believe in the old saying that "the measure of a society is found in how it treats its weakest and most help-

less citizens."

Organizations like this are crucial, especially given the current economic climate in London, where the unemployment rate is still among the highest in Canada.

Last fall, the London Community Foundation released a report called Vital Signs, and the findings were disturbing. Among them: A 12.8 per cent poverty rate among children (12.3 per cent overall), 3,500 families accessing the London Food Bank a month and an 8.2-year average wait time for affordable housing.

It's easy to end up feeling overwhelmed by the immensity of a problem like homelessness. But certainly, there must be things that the average person can do to help.

I tweeted that simple question last week to Abe Oudshoorn, one of London's most knowledgeable leaders in the area of homelessness. His reply was quick, and his answer as simple as the question. "Give time, give money, give a smile, challenge a discriminatory conversation at a party, participate in a memorial service," he said.

Maybe it's not so complex after all. At least, not on an individual level. Maybe it can be quite simple. Simple, in the ease of showing compassion or empathy. Or helping, in some small way, to make someone's day a little less of a struggle.



Follow Todd Devlin on  
Twitter @UrbanCompassLdn

## ZOOM

### Here comes the shock wave



ZAK NOYLE/A-FRAME

#### Garbage mars surfing photo

This is hardly a surfer's paradise. The startling image shows pro surfer Dede Suryana braving a trash-infested wave in Indonesia. Zak Noyle, a staff photographer for Surfer Magazine based in Honolulu, Hawaii, took the picture at a remote location in south Java, an area usually noted for its crystal-clear waters. **METRO**

#### Q and A

#### 'A wake-up call for all of us'



ZAK NOYLE  
Staff photographer for Surfer Magazine, 28, from Honolulu, Hawaii

**What was the wave like?**  
There were food wrappers, tree branches, even soccer balls. It was like being inside a washing machine of trash.

**Did all the debris make the photo difficult to take?**  
Yes — there were tree trunks the size of a car that we had to push through before Dede could go on and surf.

**How did seeing the polluted water make you feel?**  
Very sad. There was so much trash that the four of

us had no chance of cleaning it up ourselves. These waters are normally pristine so I was shocked to see this.

**Others may indeed share the same sentiment ...**  
Absolutely. As a photographer, I want to be able to spark awareness in people's minds. I hope this photo will be a wake-up call for all of us to keep our oceans clean.

#### Worth mentioning

#### New Lego robots excite techies in Silicon Valley

Few are more excited about Lego's new Mindstorms sets rolling out next month than Silicon Valley engineers.

Many of them were drawn to the tech sector by the flagship kits that came on the market in 1998, introducing computerized movement to the traditional snap-together toy blocks and allowing the young innovators to build their first robots. Now, 15 years later, those robot geeks are entrepreneurs and designers, and the colourful plastic bricks have an outsized influence in their lives.

Techies tinker at Lego play stations in workplaces. Engineers mentor competitive Lego League teams. Designers use them to mock up larger projects ideas. And executives stand Lego creations on



A robotic Lego Mindstorms unit gathers cardboard rolls in Stanford, Calif. THE ASSOCIATED PRESS

their desks alongside family photos.

"Everyone I work with played with them as children. We sit around talking Lego. It's a shared common experience," said Travis Schuh, who reaches into his bin of plastic blocks when he needs a quick prototype at the Silicon Valley medical robotic firm where he works.

The new Mindstorms sets, designed for kids over 10, are simpler for the younger crowd and more versatile for sophisticated users than two earlier versions.

THE ASSOCIATED PRESS

#### Comments

**RE: Tim's Needs Lid Adjustment: Customer Grumbles, published Aug. 15**

I noticed too that the drippy seam is a problem, where the seam meets the lid. But the lid still leaks while carrying. They used to fill your own mug, until they started selling their own mugs (by mug I mean those insulated travel mugs). Perhaps the leaky cup is designed to leak.  
**ijdfc posted to metronews.ca**

For the most popular, wealthiest coffee chain in this country, I tend to agree that all flaps and seams aside, you would think after 25 years they would invest in a more professional, travel-friendly lid system.

Where the heck was I... Sub-way, I think, had a simple turn-based coffee-cup lid that turns a small second layer to cover the opening and seals with just the tightest seal on the cup.

**Facilitatly posted to metronews.ca**

#### WE WANT TO HEAR FROM YOU:

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# The Harry Potter generation

## Mindful muggles.

Scholar takes a look at how the famous series shaped Millennials who have adopted some of the positive lessons from the story

**BAPTISTE BARBE**

Metro World News

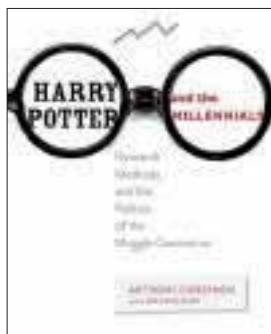
Political science professor Anthony Gierzynski has analyzed the influence of Harry Potter on youngsters in the United States. Here a few thoughts from the author of *Harry Potter and the Millennials: Research Methods and the Politics of the Muggle Generation*.

**You wrote three books about U.S. politics. How did you get the idea of mixing your previous studies with the Harry Potter phenomenon?**

I have long had an interest in, and speculated about the role of entertainment media in politics, sparked by movies like *Do the Right Thing*, *Star Wars*, *Independence Day* and movies portraying the U.S. President as an action hero in the 1990s, the portrayal of politicians in movies and TV (which is nearly universally negative), the different *Star Trek* series, and, more recently *Battlestar Galactica* (which is rich with politics), and so on. And, I have had many conversations with my students about the subject and ultimately decided to design a class whose purpose would be to investigate entertainment media effects. The first few semesters of the class we ran experiments, conducted surveys, and collected qualitative data on the effects



Children wait outside Waterstones book shop, Europe's largest bookstore, for the launch of *Harry Potter and the Order of the Phoenix* on June 20, 2003 in London. GETTY IMAGES



of entertainment media such as *Star Wars*, *The Simpsons* and *South Park*, and overall TV viewing habits (some of that research is reported in this book), before doing the Potter research.

**I also guess you read the books and watched the movies. Have you been influenced by this kind of phenomenon at your time (*Star Wars*, etc)?**

I am a fan of Harry Potter, but I am a Gen Xer, not a Millennial, so other entertainment media that I was exposed to in my formative years — yes, *Star Wars*, the Lord of the Rings books, *Saturday Night Live*, and *Star Trek* were the main sources of entertainment media influences for my political socialization.

**One the main points of your book is that you chose people who grew up with the characters over a long period (10-15 years). Thus, you note that the Millennials read it during their most politically vulnerable and formative years. Your study shows that fans have transposed some lessons/values from the series (equality, tolerance, commitment, loyalty, diversity, anti-violence/anti-torture) into their real life. Can you tell us more about these observations?**

The key thing is that, while the Potter series was a story designed to entertain, the nature of the story (and indeed any story) is that the characters learn certain lessons as the plot moves along and exhibit certain characteristics. As we become immersed in the story and identify with characters we tend to internalize those lessons and sometimes adopt those characteristics for our own. So, Harry and his friends evince an aversion to violence, fight for tolerance and equality and oppose oppressive authority and we found fans had similar traits on those very attitudes.

**Could Harry Potter keep continuing to have this kind of impact — for example, *Star Wars* is still popular many decades after the first movie?** Possibly — I still have students who are Potter fans. The next generation, however, may

adopt a different entertainment phenomenon.

**Will there be another study in the future in order to go further? Do you want to keep working on this subject?**

Yes. At the end of the book I have a website address for readers to tell me their stories about Harry Potter or any other entertainment sources and their political effects in order to gather more qualitative data to see whether there is additional support. I am also working on other research projects on entertainment media effects that utilize experimental designs that can establish causal relationships. I will be submitting to a journal this fall a paper I presented at a political science conference that looks at how villains of science fiction, fantasy and superhero genres affect views about criminal justice and terrorism policy.

## They're gone, but family and friends live on

### Still Star-Crossed.

New young adult book tells the continuing saga of Romeo and Juliet

**DOROTHY ROBINSON**  
Metro World News

Author Melinda Taub refers to her young adult book, *Still Star-Crossed*, as a mash-up of adventure and romance that chron-

icles "the story of the characters who survive Romeo and Juliet, as they fight to stop the deadly feud from reigniting, and try to follow their hearts without repeating the mistakes that killed their friends," she says. As you can tell, this isn't the Shakespeare you remember from high school. *Still Star-Crossed* contains "sword fights, masked assassins, betrayal, a ball, cross-dressing, iambic pentameter, kissing and horses."

**What is it about the story of Romeo and Juliet that made**

**you think to create a sequel of sorts?**

I really love the world of Romeo and Juliet. It's essentially a romantic comedy for the first half — it's full of dancing and kisses and sex jokes, before a series of coincidences and bad choices turn it toward tragedy.

**How much research on Shakespeare did you do to write *Still Star-Crossed*?**

I didn't do as much research as you might think. I tried mostly to use words in the dialogue

that Shakespeare would use, so I kept a copy of his complete works handy and searched through it every 30 seconds or so. I also read *Romeo and Juliet* about 15 times.

**Were you ever worried that writing it in Shakespearean English might throw readers off?**

I worried endlessly about the language. For the first few drafts of the book, the dialogue varied wildly — sometimes incomprehensibly Elizabethan, sometimes sounding straight out of *Gossip Girl*.







Dustin Johnson and Paulina Gretzky ALL PHOTOS GETTY IMAGES

## Paulina Gretzky and golfer Dustin Johnson announce engagement on Twitter

Paulina Gretzky and golfer Dustin Johnson announced their engagement on Sunday through their popular Twitter accounts.

Johnson posted a photo of Gretzky's hand with an engagement ring on her finger with the caption "She said yes!!!" Gretzky, the daughter of hockey legend Wayne Gretzky, retweeted the picture and sev-

eral congratulatory messages from friends and family.

"Congrats to my sister @PaulinaGretzky and @DJohnsonPGA on the engagement. Love you guys," tweeted Trevor Gretzky, Paulina's younger brother and a prospect in the Chicago Cubs organization.

Johnson is a professional golfer on the PGA Tour.

THE CANADIAN PRESS



Ethan Hawke

## Ethan Hawke's brain wasn't ready for marriage

Ethan Hawke definitely thinks he was too young to marry Uma Thurman back when he was 27, according to Elle magazine. "There was this discovery that the male brain isn't done until 28. I definitely think my frontal lobe was not finished," he tells the magazine. "I had no business taking vows that would last more than two weeks." In his

defence, Hawke says he was looking to use marriage as a way to gain some sense of control over his life. "Success when you're young is really overwhelming. The world felt out of control and I wanted to stop it from spinning so fast," he says. "I thought marriage would decrease my variables or something. I was absolutely wrong."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## Bynes moves facilities for better psychiatric care: Source

Amanda Bynes has been moved from the psychiatric unit in Ventura County, north of Los Angeles, where she's spent the last two weeks and has been admitted to the UCLA psychiatric facility —

and she's expected to stay there for at least two months, according to Radar Online. "Amanda needed specialized medical attention that she wasn't getting," a source explains. "It's expected that Amanda will remain at UCLA for the next two months because she has very complex mental health issues that need to be dealt with. It will also take a significant chunk of time to get Amanda ... on several prescriptions for her condition — and to make sure it's working properly."

METRO WORLD NEWS

## Never, ever get back together with Bieber

Justin Bieber is reportedly causing quite the rift between pals Taylor Swift and Selena Gomez, according to Us Weekly. "Taylor hates him," a source says. "She thinks Selena makes a mistake every time she reconciles with him. Bieber has really come between the girls." As it turns out, Bieber isn't the biggest Swift fan either. "He complains Taylor's always telling Selena she can do better," a source close to the Canadian pop star says.



Justin Bieber



Chris Brown

## More community service added to Brown's sentence

Chris Brown isn't quite in the clear yet. As part of a negotiation to get the Los Angeles District Attorney to not rescind his probation over a recent hit-and-run charge, the singer must instead serve an additional 1,000 hours of community service, according to

E! News. Brown can fulfill the extra requirement doing beach cleanup or graffiti removal or taking part in a probation alternative work program. He is currently serving probation over his 2009 assault of Rihanna and will be on probation until Aug. 24, 2014.

### Twitter



@AnnaKendrick47

I suspect the only time Brits actually do the kiss-on-each-cheek thing is with visiting Americans bc they know it will make us feel cultured



@TheRock

Be intense. Be hungry. Be prepared to get kicked outta the gym.



@josswhedon

I do not fear death. I only fear MINE.



@ladygaga

To the critic who speaks before they bang the gong: a fool you are I say! I've not even begun my song!

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KGKsynergize

## Water safety

Drowning risk  
highest on hot days

In books and movies, drownings almost always seem to occur in bad weather. But the perception isn't actually accurate, a new study suggests.

The work, by researchers from the University of Toronto and Sunnybrook Health Sciences Centre, says the risk of drowning outdoors is nearly 70 per cent higher on days when the mercury climbs to 30 C or above.

Lead author Dr. Michael Fralick and his co-authors

drew data from records on 1,243 drownings recorded by Ontario's Office of the Chief Coroner. The deaths took place in the province between 1999 and 2009.

Most of the drownings took place during the summer months. And most of the people who drown did so

while taking part in recreational activities.

In the vast majority of cases, personal flotation devices were not used. They were either not present (80 per cent of cases) or not worn (11 per cent of cases). Most of the drownings took place in open water. **THE CANADIAN PRESS**

## Exclusively Online

Read comedic (mis)adventures of parenthood online, with a glass in hand, with Reasons Mommy Drinks at metronews.ca/voices



# The business of being mom

**Opting out.** Many women who decided to stay at home with their kids may have actually sharpened their business skills



**IT'S ALL RELATIVE**  
Kathy Buckworth  
Kathybuckworth.com

Ten years ago the phrase "opting out", became a part of the lexicon, due mostly to a New York Times op-ed piece called The Opt-Out Revolution.

Written by Lisa Belkin, it was about the growing trend of women dropping out of high powered careers in order to stay at home with their families.

Flash-forward a decade, and many of these women are finding themselves in a position, often but not limited to personal finance challenges, to want to opt back in to the work force.

But how can they update their skills and subsequently their resumé after having missed out on arguably the biggest changes in "work" during this fast forward technology driven 10-year period?



Being home with the kids may actually improve some of your business skills. ISTOCK

While being at home with the kids likely won't replace the skills and knowledge gained by working corporately, I would argue that it could actually hone the following handy talents:

## Time management

Moms are pros at executing work schedules which will have kids dressed, fed, and on the soccer field on time.

## Project management

Having milestones come together to complete a business objective is literally child's play after mastering the art of changing a baby's diaper while disciplining a preschooler and supervising homework.

## Crisis management

If dealing with the aftermath of baby's first smoked

fish meal, a faulty diaper and an ill-timed mommy and me swimming class don't constitute a "crisis", I don't know what does.

## Risk management

Making a decision guaranteed to be unpopular with at least one of your children while minimizing the inherent risk of a total meltdown is a pure mom talent.

## Financial management

When one income is eliminated to stay at home with the kids, the expenses associated with raising said children increase at approximately the same ascending rate. From diapers to school trips, "indoor runners," hockey equipment and other assorted sundries, managing the finances and determining a return on investment for your family sharpens mom's budgeting skills daily.

The best news? The steepest learning curve for many has been social media. The explosion of mommy blogs happened around the same time as the opting out began, and this educated, driven, and ambitious demographic is one of the savviest when it comes to using Twitter, Facebook and Pinterest.

Instead of dismissing a Tweet about an explosive bowel movement by "just" a mommy blogger, it's really an insight into containment strategy from a communications expert.

**KATHY BUCKWORTH'S LATEST BOOK I AM SO THE BOSS OF YOU: AN 8 STEP GUIDE TO GIVING YOUR FAMILY THE BUSINESS IS AVAILABLE EVERYWHERE FROM RANDOM HOUSE, AND HAS RECENTLY BEEN OPTIONED BY WARNER BROTHERS TELEVISION.**

# The art of bedtime stories

Don't tell lies like the boy who cried wolf and don't worry about being last, because the tortoise and hare proved that slow and steady wins the race.

We all remember these lessons from childhood tales, but how do we make our own stories memorable for children?

That is where Ty Bennett's new book, *The Power of Storytelling: The Art of Influential Communication* comes in.

## Craft a conflict and solution

While telling a bedtime story to his two-year-old, Bennett adopt-

ed the "struggle to solution" technique after the response of his child saying, "That's not a story; there's no bad guy."

"There's something about conflict that engages us emotionally," Bennett says. "The struggle is the hook."

So once you successfully hook your listener, you have acquired the power to provide them with a solution that can serve as a story worth remembering.

"If you connect with the problem," Bennett says, "and the person who is hearing

the story resonates that, then they're going to want to adopt that (solution) into their life."

## Lessons serve kids and adults

According to Bennett, storytelling is also the most influential form of communication.

"Regardless of what you do for a living," says Bennett, "you're going to need to communicate with people, and the more influential you become, the better that communication becomes, the more influence and impact you can have on people's lives."



Teach kids life lessons through stories. ISTOCK

So maybe in your next job interview, you will tell a remarkably memorable story that will make you relatable and stand out. Or maybe you

will teach your kids to just say no to the negativity around them through an experience you went through. **JULIE KAYZER-MAN/METRO WORLD NEWS**



# Infuse culture into Pulled Chicken with Asian flavours

1. Preheat a grill or a skillet to medium. In a bowl, mix barbecue sauce, miso and five-spice powder until well combined.

2. Prepare vegetables: chop green onion, cut snow peas into strips and thinly slice lettuce or Chinese cabbage.

## Ingredients

- 1/4 cup (60 ml) barbecue sauce
- 1 1/2 tsp (7 ml) miso
- 1/4 tsp (1 ml) Chinese five-spice powder
- 1 green onion, chopped
- 1/2 cup (125 ml) snow peas, cut into strips
- 1 cup (250 ml) lettuce or Chinese cabbage, thinly sliced
- 6 boneless, skinless chicken thighs
- 4 to 6 whole wheat or multi-grain hamburger buns
- 4 to 6 slices of Canadian Gouda



This recipe serves four to six people. DAIRY FARMERS OF CANADA

3. Use a large spoonful of sauce to coat the chicken and reserve the remaining sauce. Cook chicken on the grill for 12 to 15 minutes, or in a skillet for 6 to 8 minutes, until thoroughly cooked. Let cool. Meanwhile, add green

onion and snow peas to remaining sauce.

4. Shred chicken and add to sauce.

5. Open hamburger buns, place cheese on bottom

halves and heat on grill or skillet.

6. Divide mixture among buns and garnish with Gouda and lettuce or Chinese cabbage. DAIRY FARMERS OF CANADA (FAMILYKITCHEN.CA)

## Lunch. Toasted Parmesan Tomato Bread



1. Heat the oven to broil.

2. In a small, sturdy bowl, combine the garlic, rosemary, olive oil, salt and black pepper, to taste. Mix well, then use the back of a heavy spoon to mash the garlic and rosemary together

## Ingredients

- 4 cloves garlic, minced
- 1 large sprig fresh rosemary, finely chopped
- 1/4 cup olive oil
- 1/2 tsp kosher salt
- Ground black pepper
- 4 large, thick slices sour dough bread
- 4 large tomatoes
- 3 oz Parmesan cheese

er to form a paste. This also can be done using a mortar and pestle, or a mini food processor. The rosemary won't mash well; this is fine.

3. Spread a quarter of the mixture over one side of each slice of bread.

4. Slice 2 thick slabs out of the centre of each tomato. Reserve the tops and bottoms of the tomatoes for another use. Set 2 slabs over each piece of bread. Shave some of the Parmesan over the tomatoes on each slice. Set the assembled bread on a baking sheet and broil on the oven's middle rack until the cheese is just starting the brown, about 2 to 3 minutes. Serve. THE ASSOCIATED PRESS

# North Carolina does it better

In North Carolina, barbecue is a noun, and it is defined as pulled pork with a distinctive tangy vinegar sauce. The pork is either "pulled" into pieces or chopped with a meat cleaver, and dressed with the thin peppery sauce. The succulent pork is spooned onto a plate, or on a classic white hamburger bun — no sesame seeds, ever! — and topped with slaw.

## Sauce

1. Mix all ingredients and let sit 10 minutes in the fridge.

## Slaw

1. In bowl, mix barbecue sauce and cabbage. Refrigerate at least 2 hours/overnight.

## Sandwich

1. Prepare a charcoal or gas grill for low heat, indirect cooking. For a charcoal grill, this means banking the coals to one side. For a gas grill, turn off the heat on one side. Aim to maintain a temperature of 300 F.

2. Do not trim any excess fat off pork; this fat will naturally baste meat and keep it moist during long cooking time. Brush pork with thin coating of olive oil, then season with salt and pepper. Set aside on clean tray until ready to cook.



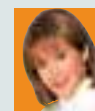
This recipe serves 10. MATTHEW MEAD/ THE ASSOCIATED PRESS

3. Before placing meat on grill, add soaked wood chips. For charcoal grill, place chips directly on white-grey ash briquettes. For gas grill, use smoking box according to product directions. If using charcoal grill, you will need to add charcoal every hour during cooking to maintain the heat.

4. Place pork in centre of the cooking grate fat-side up. Cook slowly for 5 to 6 hours at 300 F, or until thermometer inserted at middle of pork registers 190 F to 200 F. Meat should be very tender and fall-

## Healthy eating

## Choose it and lose it



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Baskin Robbins incorporates your fave snacks into cool treats but watch out for sugar, fat and calories! (Nutritional info taken from American site as Canadian not available). PHOTOS: MIKE MCCOLL, FROM ROSE REISMAN'S CHOOSE IT AND LOSE IT (WHITECAP BOOKS)



## Reese's Peanut Butter Cups Sundae (12 oz/ 340 g)

1,220 calories/80 grams fat/92 grams sugar

Layers of Praline 'n' cream ice cream, Reese's Peanut Butter Sauce and Reese's Peanut Butter Cups equals major calories, fat and sugar.

## Equivalent

1 Reese's Peanut Butter Cups Sundae from Baskin Robbins is equal in fat to 10 Dairy Queen small chocolate soft serve ice creams.



## Reese's Peanut Butter Cup 31 Below (12 oz/340 g)

640 calories/ 29 grams fat/ 78 grams sugar

Soft serve ice cream cuts back the calories and fat big time!



6. While meat is still warm, mix with enough barbecue sauce to moisten and season meat, about 3/4 cup to 1 cup.

7. Serve on white hamburger buns and top with North Carolina coleslaw. Serve additional sauce on the side. THE ASSOCIATED PRESS/ ELIZABETH KARMELE, AUTHOR OF SOAKED, SLATHERED AND SEASONED

## Ingredients

### North Carolina Barbecue Sauce

- 2 cups cider vinegar
- 1 tbsp each kosher salt, ground white pepper, red pepper flakes
- 2 tbsp granulated sugar
- 1/4 cup brown sugar
- 1/2 tsp ground black pepper
- 1/2 cup ketchup

### North Carolina Slaw

- 1 1/2 cups North Carolina barbecue sauce
- 1/2 medium head green cabbage, chopped

### Sandwich

- 7- to 9-lb bone-in pork butt
- Olive oil
- Kosher salt and black pepper
- Hickory wood chips, soaked in water for 30 minutes
- North Carolina Barbecue sauce
- 10 unseeded hamburger buns
- North Carolina coleslaw

# iTunes FESTIVAL



Vampire Weekend  
September 15



Thirty Seconds to Mars  
September 18



Robin Thicke  
September 24

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# Learning in the lap of distraction

**I can't compute.** Study finds students have tougher time being taught when peers are pounding away at their keyboards

Laptops have replaced pen and paper for many post-secondary students, but a Canadian study suggests using computers during lectures could be hurting their grades and lowering their classmates' marks.

For the study, published earlier this year in the journal *Computers & Education*, research subjects in two experiments were asked to attend a university-level lecture and then complete a multiple-choice quiz based on what they learned.

In the first experiment, which was designed to gauge how multi-tasking affects learning, all the participants used laptops to take notes during a lecture on meteorology.

But half were also asked to complete a series of unrelated tasks on their computers when they felt they could spare some time. Those tasks — which included online searches for information — were meant to mimic what distracted students might do during class.

In the second experiment, some students were given

## Mac attack?

While Sana and Weston are not calling for a ban on laptop use in classes, they do hope students consider that goofing off on their computers can affect their peers sitting around them.

- "A lot of students spend quite a big chunk of time in class doing things that are not related to the academic environment or aren't directly related to the course or the lecture," Sana said.
- "We're hoping that based on these results, students will take responsibility for their actions."



How can these school chums be expected to focus when their friend just posted that photo on Facebook? ISTOCK

## Screening your studies

**We really didn't think the effects would be this huge. It can change your grade from a B+ to a B-.**

Faria Sana

Co-author of a study on the impact of laptops in the classroom

pencils and paper to take notes during a lecture while others worked on laptops. Researchers wanted to observe if the students taking notes the old-fashioned way would be distracted by having computer screens around them.

Faria Sana, who co-authored the study with fellow doctoral student Tina Weston, said she expected lower test marks for students who were asked to multi-task during the experiment, or were seated near other students using laptops. But the distraction effect was stronger than she hypothesized.

"We really tried to make it pretty close to what actually happens in the lectures. We found that lo and behold, the students who multi-tasked performed much worse on the final test and those who were seated around peers who were multi-tasking also performed much worse on the final test," said Sana.

"So you might not be multi-tasking but if you have a clear view of someone else who is multi-tasking, your performance is still going to be impaired."

The students in the first

experiment who were asked to multi-task averaged 11 per cent lower on their quiz. The students in the second experiment who were surrounded by laptops scored 17 per cent lower.

"We really didn't think the effects would be this huge," Sana said. "It can change your grade from a B+ to a B-."

Sana also noted that the students who participated in the experiments said they didn't really expect their marks to suffer much from computer use in the classroom.

"At the end we gave a survey to all the students and what we found was that these peers who were seated around multi-taskers had no idea they were being distracted. They didn't think the laptops were causing a distraction but based on the scores of their final test, they actually were," she said.

Seeing dozens of laptops in a classroom is now common, Sana said, as is spying some students on social networks, playing games or watching movies instead of paying attention.

THE CANADIAN PRESS



MLB

## Lobaton proves to be Jays killer again

Jose Lobaton came up big again for the Tampa Bay Rays.

Lobaton hit a solo home run in the 10th inning and the Rays beat the Toronto Blue Jays 2-1 on Sunday.

Lobaton sent a 2-1 pitch from Brad Lincoln (1-2) with one out into the right-field seats. Lobaton had a game-ending triple in the ninth Friday.

"It's different," Lobaton said. "Walk-off triple, that was amazing. Walk-off homer, run the bases like that, is unbelievable. It's something that you want to do all the time. Hopefully it's not the last one."

Tampa Bay took two of three from Toronto, which hasn't won a series at Tropicana Field since April 2007.

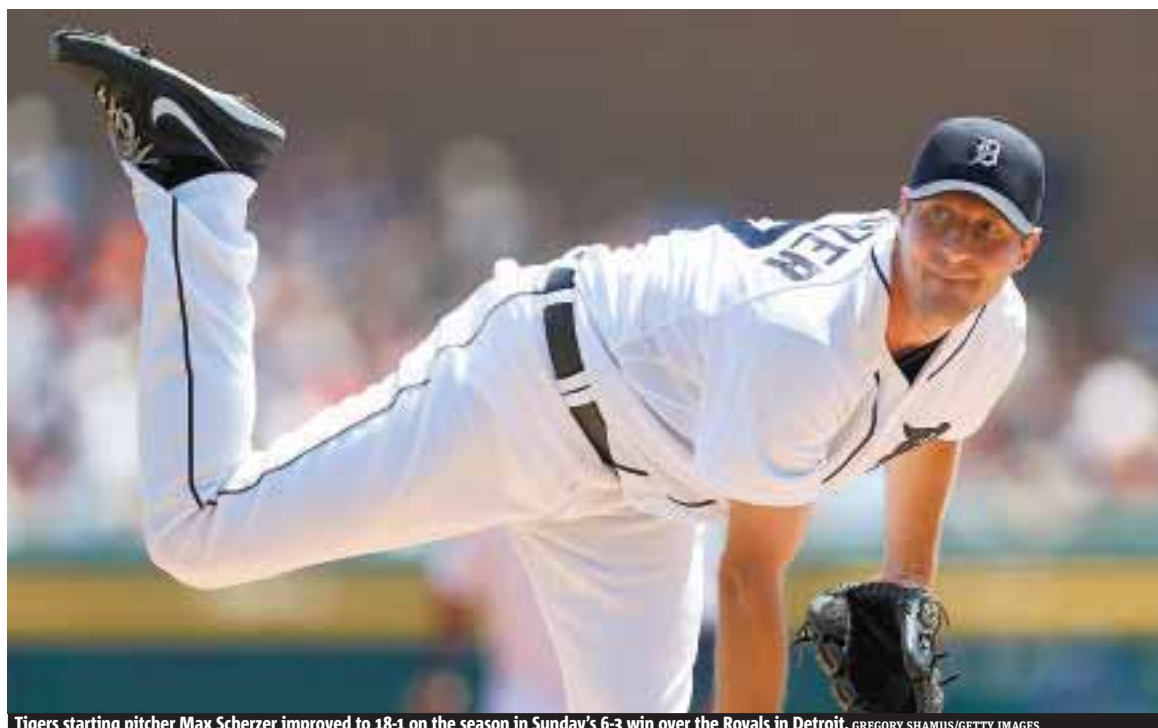
Rays starter Chris Archer allowed one run and four hits over seven innings.

Blue Jays right-hander Todd Redmond, a St. Petersburg, Fla., native, gave up one run and six hits over six-plus innings in his first start at Tampa Bay. **THE ASSOCIATED PRESS**



The Rays' Jose Lobaton watches the flight of his game-winning home run as Brad Lincoln leaves the field on Sunday.

THE ASSOCIATED PRESS



Tigers starting pitcher Max Scherzer improved to 18-1 on the season in Sunday's 6-3 win over the Royals in Detroit. GREGORY SHAMUS/GETTY IMAGES

# Tiger has leg up on joining 20-win club

**MLB.** Scherzer becomes baseball's first pitcher to reach 18 victories this season, while Cabrera hits 40th homer

Miguel Cabrera and Max Scherzer have been so spectacularly successful this season they're earning the right to be mentioned in the same breath with some of baseball's greats.

On Sunday

6

Tigers

3

Royals

Cabrera hit his 40th home run and had an RBI single to help Scherzer become baseball's first 18-game winner this season as the Detroit Tigers beat the Kansas City

Royals 6-3 Sunday to win the five-game series.

"Both of them are on a roll that you don't see very often," Detroit manager Jim Leyland said. "Tigers fans could go years without ever seeing something like that again."

Cabrera became the third player since 1921 to have at least 40 homers and 120 RBIs while batting .350 or better through 116 games, joining Babe Ruth and Jimmie Foxx, according to STATS.

"That's nice," Cabrera said with a touch of awe as he

looked at a list of the impressive company he joined.

Scherzer (18-1) gave up two runs on five hits over eight innings. Scherzer and Roger Clemens are the pitchers since 1919 to have 18 wins in their first 19 decisions as starters, STATS said. Clemens did it with the New York Yankees in 2001, when he finished 20-3.

"Every time I go out, the guys are putting up runs for me and are playing great defence so I can't take credit for being 18-1," Scherzer said.

**THE ASSOCIATED PRESS**

## Happ and Cobb feel each other's pain

Having both come back from scary head injuries, J.A. Happ and Alex Cobb got together at the stadium where they both got hurt.

The pair had texted each other since getting hurt, but on Sunday met reporters before Toronto played at Tampa Bay.

"I think the key thing is we were both able to come back," said Happ, who allowed two runs over 5 1/3 innings in his return to Tropicana Field Saturday night, a 6-2 victory for the Blue Jays.

It was Happ's third start

Quoted

"I think both of us, when we got back out there, it was kind of a normal feeling."

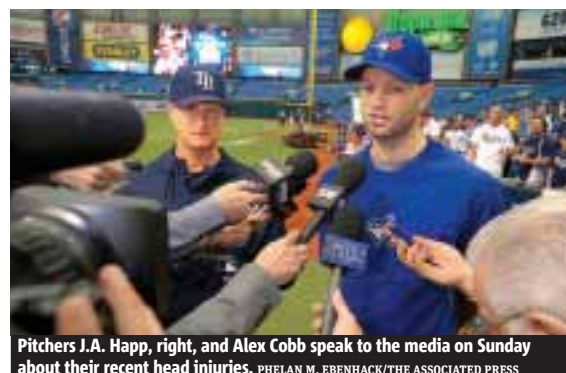
Alex Cobb on himself and J.A. Happ returning following head injuries

since returning from the disabled list. He suffered a skull fracture and sprained right knee when he fell to the ground after getting hit with a liner by Desmond Jennings on May 7.

Cobb made his first big-league start Thursday night in two months, giving up one run over five innings in the Rays' 7-1 victory over Seattle. The right-hander sustained a concussion after being struck on the right ear by a liner hit by Kansas City's Eric Hosmer on June 15.

"Not too many people know what you're going through on a personal level," Cobb said. "I think both of us, when we got back out there, it was kind of a normal feeling."

**THE ASSOCIATED PRESS**



Pitchers J.A. Happ, right, and Alex Cobb speak to the media on Sunday about their recent head injuries. PHELAN M. EBENHACK/THE ASSOCIATED PRESS



# Bolt caps Jamaica's sweep of gold medals in sprinting events

**Track and field.** In anchoring his country to victory in 4x100 relay, Bolt becomes most successful athlete ever at world championships

Usain Bolt is, yet again, perfect.

And with three gold medals in Moscow, the Jamaican great became the most successful athlete in the 30-year history of the world championships.

The 4x100-metre relay gold on Sunday erased the memories of the 100 title he missed out on in South Korea two years ago because of a false start. And, in combination with a similar 100-200-4x100 triple from Shelly-Ann Fraser-Pryce, Bolt was instrumental in giving Jamaica the first-ever sweep in those six sprint events.

Bolt was trailing American

Justin Gatlin when he got the baton on the anchor leg, but a botched U.S. handover and his superlative speed were enough to see him, and his country, win.

He gritted his teeth, dipped at the line, and then grinned.

The United States was second in 37.66.

"I wasn't really worried about Justin. I knew if he got the baton in front of me, I could catch him," Bolt said. "So it was just going out there to run as fast as possible."

Bolt had already won the 100 and 200 metres. It was his second such sprint triple at the world championships, matching the two he has won at the Olympics.

With his victory, Bolt moved to the top of the all-time world championships medals table with eight gold and two silver, edging Carl Lewis, who has eight gold, one silver and one bronze.

THE ASSOCIATED PRESS



Usain Bolt of Jamaica crosses the finish line ahead of the United States' Justin Gatlin in the men's 4x100-metre relay at the world track and field championships on Sunday in Moscow. PAUL GILHAM/GETTY IMAGES

## Gaining closure

## Canadians bring home bronze

Canada's team of Justyn Warner of Markham, Dontae Richards-Kwok of Mississauga, and Toronto natives Aaron Kingsley Brown and Gavin Smellie won bronze in 37.92 seconds after Great Britain was disqualified.

The victory helped provide some closure for Warner and Smellie, who were both on the relay team that lost a bronze medal to disqualification at last year's London Games.

"I'm so ecstatic, especially thinking back to last year and what happened," said Smellie. "To come back and get bronze, I'm just so happy. We competed to the best of our ability and we leave here with a bronze medal."

The bronze is Canada's fifth medal at the event, the most successful in the country's history at the world championships.

## Horse racing

## Up With the Birds swoops in for win at Breeders' Stakes

After falling just short in last month's \$1-million Queen's Plate, jockey Eurico Rosa da Silva and Up With the Birds left nothing to chance Sunday in the \$500,000 Breeders' Stakes.

Da Silva moved Up With the Birds into the lead down the stretch, then emphatically held off a spirited River Seven to win the final leg of Canadian thoroughbred racing's Triple Crown at Woodbine Racetrack. The Queen's Plate runner-up easily handled the one-and-a-half-mile distance, winning in 2:28.69 on a firm turf. THE CANADIAN PRESS



Eurico Rosa da Silva rides Up With the Birds to victory. THE CANADIAN PRESS

## Tennis. Nadal makes it back-to-back hard-court titles in sizzling summer

Rafael Nadal extended his sizzling summer with his first Cincinnati title Sunday, while No. 1 Serena Williams wilted just one set away from a breakthrough of her own.

Nadal took advantage of the few openings he got against John Isner, grinding out a 7-6 (8), 7-6 (3) win at the Western & Southern Open that added yet another title to his sensational summer.

The 27-year-old Spaniard won the championship in Montreal a week ago and has back-to-back hard-court championships for the first time in his illustrious career. He'd never even reached the finals in Cincinnati.

When his backhand down the line finished it off, Nadal flopped on his back and screamed.

"It means a lot winning two straight titles on hard (courts)," Nadal said. "It's just amazing for me. I never did something like this in my career."

"So it was an emotional moment."

Williams had never won a Cincinnati title either. Like Nadal, she was trying for her second championship in two



Rafael Nadal celebrates his win over John Isner on Sunday at the Western & Southern Open. MATTHEW STOCKMAN/GETTY IMAGES

weeks, fresh off her championship in Toronto.

She dominated the first set, then fell apart, giving No. 2 Victoria Azarenka a chance to rally for a 2-6, 6-2, 7-6 (6) win that ended Williams' 14-match winning streak. It was reminiscent of their finals match at the U.S. Open last year, when Williams took the last four games to win 6-2, 2-6, 7-5. THE ASSOCIATED PRESS

## MLB

### AMERICAN LEAGUE

#### EAST DIVISION

	W	L	Pct	GB
Boston	73	52	.584	—
Tampa Bay	70	52	.574	1½
Baltimore	67	56	.545	5
New York	63	59	.516	8½
Toronto	57	67	.460	15½

#### CENTRAL DIVISION

	W	L	Pct	GB
Detroit	73	51	.589	—
Cleveland	66	58	.532	7
Kansas City	64	59	.520	8½
Minnesota	54	68	.443	18
Chicago	49	74	.398	23½

#### WEST DIVISION

	W	L	Pct	GB
Texas	71	53	.573	—
Oakland	70	53	.569	½
Seattle	57	66	.463	13½
Los Angeles	55	68	.447	15½
Houston	41	82	.333	29½

#### Sunday's results

Detroit 6 Kansas City 3  
Baltimore 7 Colorado 2  
Tampa Bay 2 Toronto 1 (10 inn.)  
Chicago White Sox 5 Minnesota 2  
Seattle 4 Texas 3  
Houston 7 L.A. Angels 5  
Oakland 7 Cleveland 3  
N.Y. Yankees at Boston

#### Saturday's results

Boston 6 N.Y. Yankees 1  
Baltimore 8 Colorado 4  
Detroit 6 Kansas City 5  
Chicago White Sox 8 Minnesota 5  
Toronto 6 Tampa Bay 2  
Texas 15 Seattle 3  
Cleveland 7 Oakland 1  
L.A. Angels 6 Houston 5 (10 inn.)

#### Monday's games — All times Eastern

N.Y. Mets (Gee 8-8) at Minnesota (Gibson 2-3), 2:10 p.m.  
Tampa Bay (Price 6-5) at Baltimore (Tillman 14-3), 7:05 p.m.  
Houston (Lyles 5-6) at Texas (Garza 2-1), 8:05 p.m.  
Cleveland (Salazar 1-1) at L.A. Angels (Weaver 7-6), 10:05 p.m.  
Seattle (Harang 5-10) at Oakland (Parker 8-6), 10:05 p.m.

### NATIONAL LEAGUE

#### EAST DIVISION

	W	L	Pct	GB
Atlanta	76	48	.613	—
Washington	60	63	.488	15½
New York	56	66	.459	19
Philadelphia	54	69	.439	21½
Miami	47	75	.385	28

#### CENTRAL DIVISION

	W	L	Pct	GB
Pittsburgh	72	51	.585	—
St. Louis	71	52	.577	1
Cincinnati	70	54	.565	2½
Milwaukee	54	70	.435	18½
Chicago	53	70	.431	19

#### WEST DIVISION

	W	L	Pct	GB
Los Angeles	72	51	.585	—
Arizona	64	58	.525	7½
Colorado	58	67	.464	15
San Diego	56	68	.452	16½
San Francisco	55	68	.447	17

#### Sunday's results

Miami 6 San Francisco 5  
Philadelphia 3 L.A. Dodgers 2  
Arizona 4 Pittsburgh 2 (16 inn.)  
Atlanta 2 Washington 1  
Cincinnati 9 Milwaukee 1  
St. Louis 6 Chicago Cubs 1  
San Diego 4 N.Y. Mets 3

#### Saturday's results

Arizona 15 Pittsburgh 5  
St. Louis 4 Chicago Cubs 0  
L.A. Dodgers 5 Philadelphia 0  
San Francisco 6 Miami 4  
Milwaukee 2 Cincinnati 0  
Washington 8 Atlanta 7 (15 inn.)  
San Diego 8 N.Y. Mets 2

#### Monday's games — All times Eastern

Colorado (Manship 0-2) at Philadelphia (Martin 1-2), 7:05 p.m.  
Arizona (Delgado 4-3) at Cincinnati (Arroyo 11-9), 7:10 p.m.  
L.A. Dodgers (Ryu 12-3) at Miami (Fernandez 8-5), 7:10 p.m.  
Washington (Zimmermann 14-6) at Chicago Cubs (Samardzija 6-11), 8:05 p.m.  
St. Louis (Miller 11-8) at Milwaukee (Estrada 5-4), 8:10 p.m.  
Pittsburgh (Liriano 13-5) at San Diego (Cashner 8-7), 10:10 p.m.  
Boston (Lester 10-7) at San Francisco (Lincecum 6-12), 10:15 p.m.

## MLS

### EASTERN CONFERENCE

	W	L	T	GF	GA	Pts
Kansas City	11	7	6	36	24	39
New York	11	8	6	36	31	39
Montreal	11	7	5	36	35	38
Philadelphia	10	7	8	36	32	38
Houston	10	7	6	29	23	36
New England	9	9	6	29	23	33
Chicago	9	10	4	29	34	31
Columbus	8	11	5	29	30	29
Toronto FC	4	12	8	21	33	20
D.C. United	3	17	4	14	40	13

### WESTERN CONFERENCE

	W	L	T	GF	GA	Pts
Real Salt Lake	12	8	5	41	30	41
Colorado	10	7	9	33	27	39
Portland	9	3	11	34	22	38
Los Angeles	11	9	4	39	32	37
Vancouver	10	8	6	36	32	36
Seattle	10	8	4	30	26	34
FC Dallas	8	7	9	31	35	33
San Jose	8	10	6	25	35	30
Chivas USA	4	13	6	20	40	18

#### Sunday's results

Kansas City at San Jose

#### Saturday's results

Montreal 2 D.C. United 1  
Columbus 2 Toronto FC 0  
New England 2 Chicago 0  
New York 0 Philadelphia 0  
Houston 3 Seattle 1  
Colorado 2 Vancouver 0  
Los Angeles 4 Real Salt Lake 2  
Portland 2 FC Dallas 1

## CFL

### WEEK 8

#### EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	6	4	2	0	194	141	8
Hamilton	7	3	4	0	166	205	6
Montreal	7	2	5	0	156	201	4
Winnipeg	7	1	6	0	153	210	2

#### WEST DIVISION

	GP	W	L	T	PF	PA	Pts
Saskatchewan	7	6	1	0	234	150	12
Calgary	7	5	2	0	226	186	10
B.C.	7	5	2	0	169	164	10
Edmonton	6	1	5	0	128	169	2

#### Sunday's results

Edmonton at Toronto

#### Saturday's results

Saskatchewan 24 Montreal 21

B.C. 26 Calgary 22

#### Thursday's games — All Times Eastern

B.C. at Montreal, 7:30 p.m.



## Horoscopes

### ♈ Aries

March 21 - April 20

Something you see or hear today will shock you but if you dig a little deeper you may find it is not nearly as outrageous as you first thought.

### ♉ Taurus

April 21 - May 21

Whatever you are working on, personally or professionally, you must be free to do it your own way and at your own speed. Anyone who tries to interfere must be told quickly to mind their own business.

### ♊ Gemini

May 22 - June 21

You have your own way of doing things and you have no intention of changing just to please other people. In fact, if someone tries to tell you what to do today you will no doubt delight in doing the opposite!

### ♋ Cancer

June 22 - July 23

Do something different as the new week begins, something that makes the world around you sit up and take notice. Cancer is a cardinal sign and therefore born to achieve things.

### ♌ Leo

July 24 - Aug. 23

If old methods and routines are getting you nowhere by all means try something different. It may be hard, at first, stepping outside your comfort zone.

### ♍ Virgo

Aug. 24 - Sept. 23

Everything you say will be taken seriously today, even when it should be obvious that your tongue is very firmly in your cheek. With that thought in mind be careful what comes out of your mouth.

### ♎ Libra

Sept. 24 - Oct. 23

You have the knack of seeing things which other people have managed to miss and if you are smart you can use it to make some serious money over the next few days.

### ♏ Scorpio

Oct. 24 - Nov. 22

Ignore deadlines and rules and do things at your own speed and for your own enjoyment. Who is going to complain? You'll be a law unto yourself during the early part of the week.

### ♐ Sagittarius

Nov. 23 - Dec. 21

As usual your ideas seem to be opposed to what most other people think and, as usual, you are right and they are wrong. That may not, of course, be true but you believe it with such conviction it doesn't matter!

### ♑ Capricorn

Dec. 22 - Jan. 20

You may feel strongly about a certain issue but that does not mean you can just ignore what other people say if their views and your views do not coincide.

### ♒ Aquarius

Jan. 21 - Feb. 19

Don't waste time on idle gossip as the new week begins as there are far more important issues you should be dealing with. On the work front, especially, sudden changes may lead to new opportunities.

### ♓ Pisces

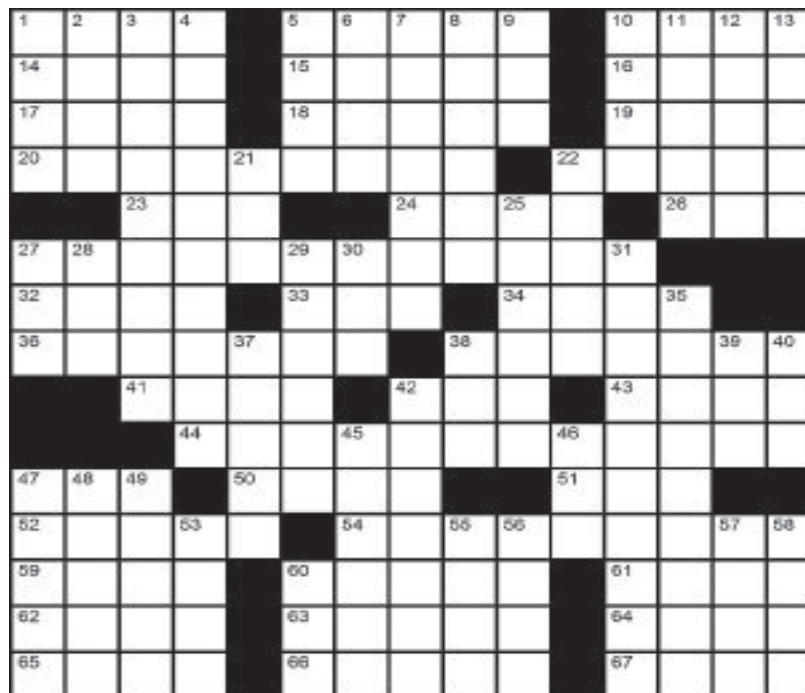
Feb. 20 - March 20

Someone close will say or do something completely unexpected today and to begin with you may not know how to react. They may surprise you, they may even annoy you, but you have to admit they caught you out big time. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

1. Ran, as clothes colours
5. Clean the kitchen floor again
10. Stinging bug
14. 1971 Neil Diamond hit: "\_\_\_ \_ Said"
15. Doing quite well at
16. Mom in For Better or For Worse
17. Wisecrack, variably
18. Puccini opera
19. Wing-shaped
20. How early auditions are sung on "American Idol": 2 wds.
22. Spruce \_\_, Alberta
23. Glamorous getaway
24. Mont Blanc, par exemple
26. Cowboy singer Mr. Ritter
27. Car manufacturing factory feature: 2 wds.
32. Movie genre, Film \_\_
33. Three-toed sloths
34. "America's \_\_ Top Model"
36. Like shoes to match bridesmaid outfits
38. With time \_\_ (In no hurry): 2 wds.
41. Earth's crust's



- upper layer
42. 'Tutor' suffix
43. Physical activity, for short
44. Bridezilla's aspiration: 2 wds.
47. Golfing norm
50. Engrave
51. Red carpet walker, e.g.
52. Contests of ancient Greece

54. City in BC
59. Joni Mitchell album
60. Dancing garbs
61. Shakespeare villain
62. Establishment's emblem
63. Try something out: 2 wds.
64. Burden
65. \_\_ Sound, ON

66. \_\_-Bismol
67. Tidy

### Down

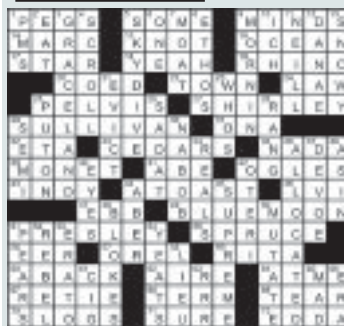
1. "It's not that \_\_ deal really."
2. Secular
3. Sites for political asylum seekers sometimes
4. WWII: Military operation of August

- 19th, 1942: 2 wds.
5. Pace
6. Environmental sci.
7. Loses
8. Available, as a physician: 2 wds.
9. Tiger Woods org.
10. Wash-and-\_\_
11. Dispense
12. Great \_\_ Lake, in NWT
13. Heat-resistant

- glassware
21. Ms. Anderson, to pals
22. Dance legend Mr. Kelly's
25. Grounded-up-corn mixture
27. Moreover
28. Type of milk or sauce [var. sp.]
29. The National \_\_ of Canada
30. Don't truth-tell
31. Organized journey with a purpose
35. Type of aircraft: 2 wds.
37. Unmasks
38. Spotted, to Tweety Bird
39. Stimp's cartoon co-star
40. Unit of work
42. Revered architect of ancient Egypt
45. Make a blaming claim
46. Gladiator's 506
47. Art's Mr. Picasso (b.1881 - d.1973)
48. Radiant
49. Red: French
53. City light
55. Give up
56. "Would you like \_\_ get you anything?" (Group-to-person query)
57. Water: Spanish
58. The bulk
60. Rapper Mr. Sha-kur, for short

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).  
BY KELLY ANN BUCHANAN

### Friday's Crossword



### Sudoku

#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

### Friday's Sudoku



Today

27°/16°

Mainly sunny

Tuesday

28°/19°

Mainly sunny

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